

## 2 Year certification program

Welcome to Field Training Services, we are a national training center approved by the American Safety and Health Institute to render safety education, certification courses. The ASHI *Basic First Aid* training certifications are valid for a period of 24 months once completed.

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www.fieldtrainingservices.net

### Intended audience

Individuals who require or desire first aid knowledge and skills; including emergency response teams in business and industry, school bus drivers, adult residential care personnel, child care workers, teachers, parents, and babysitters.

### Class options:

- Traditional Classroom
- Blended learning

### Max student to Instructor

ratio: 10 to 1

Recommended student to equipment ratio: 3 to 1

Successful completion (certification)

### Written evaluation:

Required when specified by organizational, local, or state regulation. It is recommended for designated responders with a duty or employer expectation to respond in an emergency and provide first aid care.

### Performance evaluation:

All students must perform required skills competently without assistance.

### Recognized certification period:

Up to 2 years

### Recommended time to complete:

Initial training: 4–5 hours

Renewal training: Less than initial instructional time

### Course Topics – First aid

- First Aid Provider
- Legal Considerations
- Recognizing an Emergency
- Deciding to Help
- Personal Safety
- Disease Transmission and Universal Precautions
- Emergency Medical Services (EMS)
- Primary Assessment—Unresponsive
- Unresponsive and Breathing—
- Recovery Position
- Primary Assessment—Responsive
- Secondary Assessment
- Control of Bleeding
- Internal Bleeding
- Managing Shock
- Amputation
- Impaled Object
- Open Chest Injury
- Open Abdominal Injury
- Head, Neck, or Back Injury
- Swollen, Painful, Deformed Limb
- Impaled Object in the Eye
- Chemicals in the Eye
- Nosebleed
- Injured Tooth
- Burns
- Sudden Illness
- Altered Mental Status
- Stroke
- Diabetic Emergencies
- Seizure
- Breathing Difficulty, Shortness of Breath
- Asthma
- Severe Allergic Reaction
- Pain, Severe Pressure, or Discomfort In Chest
- Severe Abdominal Pain
- Poisoning
- Bites and Stings
- Heat Emergencies
- Cold Emergencies
- Emergency Moves
- Emotional Considerations

### Course Topics – First aid cont.

#### Optional program content

- Tourniquets
- Splinting
- Metered-Dose Inhalers
- Nebulizers
- Epi Pen® Auto-Injectors

